



BREAKFAST

HILLS BREAKFAST \$18.95

BREAKFAST PLATTER WITH TWO EGGS, HAM, BACON AND SAUSAGE, SERVED WITH HASH BROWNS AND TOAST.

Bugler's Steak & Eggs \$25.95

6oz LOCALLY RAISED AAA TOP SIRLION STEAK COOKED TO PERFECTION SERVES WITH TWO EGGS, GRILLED TOMAMTO AND TOAST/PANCAKES.

SUNRISE OMELETTE \$16.95

THREE EGG OMELETTE WITH YOUR CHOICE OF THREE FILLINGS: BACON, HAM, SAUSAGE, TOMATOES, MUSHROOMS, JALAPENOS, ONIONS OR MIXED CHEESE. SERVED WITH HASHBROWNS AND TOAST.

ULTIMATE FRENCH TOAST \$15.95

THREE SLICES OF FRENCH BREAD DUSTED WITH CINNAMON AND POWDERED SUGAR SERVED WITH FRESH FRUIT AND WHIPPED CREAM.

CYPRESS EGGS BENEDICT \$18.95

TWO POACHED EGGS ON A TOASTED ENGLISH MUFFIN WITH YOUR CHOICE OF SPINACH, TOMATO OR HAM TOPPED WITH HOMEMADE HOLLANDAISE SAUCE.

Signature Banana Pancake 15.95

FOUR PIECES OF BANANA PANCAKES COMES WITH PURE MAPLE SYRUP, FRESH FRUITS & WHIPPING CREAM

Why Buglers?

WE NAMED OUR RESTAURANT AFTER THE LOUD VOCALIZATION OF THE BULL ELK. WHICH CAN BE HEARD FOR MILES DURING MATING SEASON. FEMALES ARE ATTRACTED TO THE MALES THAT BUGLE MORE OFTEN AND HAVE THE LOUDEST CALL. BUGLING IS MOST COMMON EARLY AND LATE IN THE DAY, AND IS ONE OF THE MOST DISTINCTIVE SOUNDS IN NATURE.



SMALL APPETITES

KIDS BREAKFAST \$11.95

ONE EGG WITH A CHOICE OF BACON,
SAUSAGE OR HAM, SERVED WITH
HASH BROWNS AND TOAST.

KIDS PANCAKES \$9.95

THREE BUTTERMILK PANCAKES
TOPPED WITH SEASONAL BERRIES
AND WHIPPED CREAM.

SIDES

BACON, HAM OR SAUSAGE \$5.50

TWO EGGS \$6.00

HASH BROWNS \$5.00

TOAST \$4.50

GLUTEN FREE TOAST \$6.00

FRESH SLICED FRUIT CUP \$9.95

Did you know?

THE ELKWATER TOWNSITE IS ELEVATED AT 1,234 M (4,049FT),
THE SAME ALTITUDE AS BANFF.



LUNCH MENU

SOUPS

SEAFOOD CHOWDER \$18.95

COMES WITH PACIFIC SALMON, B.C
PRAWNS, SCALLOPS & COD

FRENCH ONION SOUP \$14.95

SERVED WITH GRATINE'ED WITH
CRUTONS

SALADS

SPINICH SALAD 16.95

FRESH BABY SPINICH, GOAT
CHEESE, DRIED FRUITS, MAPLE
COATED PECAN, CHERRY TOMATO
WITH RASBERRY VINEGRETTE
DRESSING

CAESAR SALAD \$16.95

ROMAIN HEARTS TOSSED IN A
CLASSIC DRESSING WITH
CROUTONS AND HOMEMADE
LARDOONS. TOPPED PARMESAN
CHEESE.

SANDWICHES

BLT SANDWICH \$15.95

BACON, LETTUCE AND TOMATO
TOASTED ON WHITE, WHOLE WHEAT
OR RYE BREAD.

REUBEN SANDWICH \$18.95

CORNED BEEF WITH SWISS CHEESE,
SAUERKRAUT AND THOUSAND
ISLAND DRESSING, SERVED ON GRILLED
MARBLE RYE BREAD.

CHICKEN CLUB \$18.95

CRISPY CHICKEN BREAST,
TOPPED WITH CHEESE, LETTUCE,
TOMATO, ONION AND BACON WITH HOUSE
MADE AIOLI SERVED ON A SESAME BUN.

MONTREAL SMOKED MEAT \$19.95

SMOKED MEAT AND MUSTARD ON MARBLE RYE

ALL BURGERS AND SANDWICHES ARE ACCOMPANIED WITH YOUR CHOICE OF ONE SIDE:
CAESAR SALAD, HOUSE SALAD, FRENCH FRIES OR UPGRADE TO A SOUP FOR \$3.95 SUBSTITUTE
ONION RINGS, SWEET POTATO FRIES OR GLUTEN FREE BUN FOR \$3.95.

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LUNCH MENU

HANDCRAFTED BURGERS

CYPRESS BURGER \$24.95

8 OZ HOMEMADE PATTY TOPPED WITH LETTUCE, ONION, PICKLE, AND TOMATO. SERVED ON A SESAME BUN.

BISON BURGER \$26.95

8 OZ BISON PATTY MADE WITH LOCALLY RAISED BISON MEAT, BBQ GLAZE, TOPPED WITH SAUTÉED MUSHROOMS AND ONIONS, LETTUCE, TOMATO, BACON AND CHEDDAR CHEESE. SERVED ON A SESAME BUN.

ALL BURGERS AND SANDWICHES ARE ACCOMPANIED WITH YOUR CHOICE OF ONE SIDE: CAESAR SALAD, HOUSE SALAD, FRENCH FRIES OR UPGRADE TO A SOUP FOR \$3.95 SUBSTITUTE ONION RINGS, SWEET POTATO FRIES OR GLUTEN FREE BUN FOR \$3.95.

FISH N CHIPS \$19.95

6OZ OF COD FISH AND FRIES COME S WITH TARTAR SAUCE

SMALL APPETITES

CHICKEN TENDERS \$12.95

TWO PIECES OF CHICKEN TENDERS, SERVED WITH PLUM SAUCE AND A SIDE OF FRIES.

CHEESE BURGER \$13.95

4OZ BEEF PATTY TOPPED WITH CHEDDAR CHEESE SERVED WITH A SIDE OF FRIES.

ULTIMATE GRILLED CHEESE. \$11.95

SLICED BREAD MELTED TOGETHER WITH SHARP CHEDDAR CHEESE. SERVED WITH FRIES.

ADDITIONAL SIDES

FRENCH FRIES \$6.95
GARLIC TOAST \$5.00
ONION RINGS \$6.00

GRAVY \$4.00
POUTINE \$12.00
BACON \$6.95

GLUTEN FREE BUN \$4.50
SWEET POTATO FRIES \$7.95

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DINNER - APPETIZERS

CHICKEN WINGS 1LB \$16.95 2LB \$23.95

**CHOOSE FROM BUFFALO, CREAMY GARLIC,
HOT, SWEET CHILI, PARMESAN, BBQ,
TERIYAKI, HONEY GARLIC, CRACKED BLACK PEPPER
AND LEMON PEPPER.**

DRY PORK RIBS \$17.75 *GF

**DRY PORK RIBS SLOWLY MARINATED IN HERBS, FRIED
AND TOSSED WITH SEA SALT AND BLACK PEPPER.**

COCONUT SHRIMP \$19.95

**SUCCULENT SHRIMP COMPLIMENTED WITH SWEET COCONUT.
SERVED WITH HOMEMADE ORANGE CHILI DIPPING SAUCE.**

VEGETABLE SAMOSAS \$13.95

**FIVE PIECES OF MILD SPICED POTATOES AND
GREEN PEAS FOLDED INTO A CONE SHAPED PASTRY
WHICH IS THEN DEEP FRIED. SERVED WITH CHUTNEY
SAUCE.**

SPINACH DIP \$13.95

**FRESH SPINACH AND ARTICHOKE BLENDING WITH
THREE CHEESES. SERVED WITH PITA BREAD.**

FISH & CHIPS \$19.95

60OZ OF COD FISH COMES WITH CHEF'S SPECIAL TARTAR SAUCE

Fun Fact

ANIMALS FOUND HERE IN THE CYPRESS HILLS INCLUDE WHITE TAILED DEER,
COYOTES, ELK, WILD TURKEYS, MOOSE AND COUGARS. COUGARS ARE THE CYPRESS
HILLS' LARGEST PREDATOR.



SMALL APPETITES

CHICKEN TENDERS \$12.95

**TWO PIECES OF CHICKEN TENDERS, SERVED WITH
PLUM SAUCE AND SIDE OF FRIES**

KIDS PASTA 9.95

**PASTA WITH A CHOICE OF WHITE OR RED SAUCE
SERVED WITH GARLIC BREAD**

CHEESE BURGER \$12.95

**4OZ BEEF PATTY TOPPED WITH CHEESE SERVED ON
SESAME BUN. SERVED WITH FRIES.**

SOUPS

SEAFOOD CHOWDER \$18.95

CCOMES WITH PACIFIC SALMON, B.C PRAWNS, SCALLPOS \$ COD

Tomato Soup \$14.95

CREAMY TOMATO SOUP

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COYOTES, ELK, WILD TURKEYS, MOOSE AND COUGARS. COUGARS ARE THE CYPRESS
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SALADS

HOUSE TOSSED SALAD APPETIZER \$10.95 FULL ORDER \$17.95

CRISP SPRING LETTUCE MIX TOPPED WITH FRESH TOMATO, CUCUMBER AND RED ONION WITH YOUR CHOICE OF RANCH, BALSAMIC, ITALIAN OR THOUSAND ISLAND DRESSING.

CAESAR SALAD APPETIZER \$10.95 FULL ORDER \$17.95

ROMAINE HEARTS TOSSED IN A CLASSIC DRESSING WITH CROUTONS AND HOUSE MADE LARDOONS. TOPPED WITH PARMESAN CHEESE.

GREEK SALAD APPETIZER \$10.95 FULL ORDER \$17.95

CHOPPED CUCUMBER, TOMATOES, ONIONS AND PEPPERS COVERED IN GREEK DRESSING TOPPED WITH FETA CHEESE. SERVED WITH PITA BREAD.

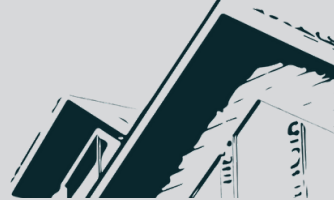
ADD PROTEIN

GRILLED CHICKEN BREAST \$7.95

GARLIC SHRIMP 9.95

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ENTRÉES

PASTA PRIMAVERA \$22.95

FETTUCCHINI AND SEASONED VEGETABLES SIMMERED IN A CREAMY ALFREDO SAUCE. SERVED WITH GARLIC BREAD.

ADD GRILLED CHICKEN BREAST \$5.95 GARLIC SHRIMP (6) \$7.95

BUTTER CHICKEN \$24.95

BONELESS TENDER PIECES OF CHICKEN SIMMERED IN INDIAN SPICED TOMATO SAUCE,

BUTTER AND CREAM. SERVED WITH BASMATI RICE AND NAAN BREAD.

VEGETARIAN OPTION SUBSTITUTE CHICKEN WITH PANEER.

WOK STIR FRY \$19.95

CRISPY VEGETABLES AND SHANGHAI NOODLES TOSSED IN HOMEMADE TERIYAKI SAUCE.

ADD CHICKEN \$6.95 GARLIC SHRIMP (6) \$8.95

CYPRESS BURGER \$24.95

8OZ HOMEMADE PATTY TOPPED WITH LETTUCE, ONION, PICKLE AND TOMATO. SERVED ON A SESAME BUN WITH FRIES

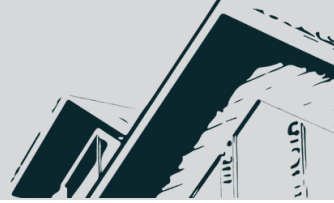
BISON BURGER \$26.95

8OZ BISON PATTY MADE WITH LOCALLY RAISED BISON MEAT, BBQ GLAZE, TOPPED WITH SAUTEED MUSHROOMS AND ONIONS, LETTUCE, TOMATO, BACON AND CHEDDAR

CHEESE. SERVED ON A SESAME BUN WITH FRIES.

Did you know?

MORE ORCHIDS GROW HERE THAN ANYWHERE ELSE IN THE PRAIRIES. AT LEAST 18 DIFFERENT SPECIES HAVE BEEN RECORDED.



BABY BACK RIBS HALF RACK \$22.95 FULL RACK \$31.95

BABY BACK PORK RIBS, SLOW COOKED AND SMOTHERED IN OUR HOUSE MADE BBQ SAUCE. SERVED WITH BABY POTATOES AND SEASONAL VEGETABLES.

PAN SEARED SALMON \$29.95

WITH HONEY HORSE GRAIN MUSTARD SAUCE. SERVED WITH RICE & VEGETABLES.

GRILLED PORK CHOP \$29.95

GRILLED PORK CHOP WITH CARAMEL APPLE BUTTER. SERVED WITH MASH POTATOES & SEASONED VEGETABLES.

STUFFED CHICKEN \$29.95

STUFFED CHICKEN BREAST WITH GOAT CHEESE & SPINACJ. SERVED WITH SEASONED VEGETABLES ALONG WITH CREAMY MASH POTATOES AND CHEF'S SPECIAL CREAMY MUSHROOM SAUCE.

FRUIT DE MER - SEAFOOD PASTA \$31.95

SEAFOOD INCLUDES DIFFERENT KINDS OF FISH AS WELL AS SHELLFISH. COMES WITH HOUSE MADE MARINARA SAUCE & GARLIC TOAST

ADDITIONAL SIDES

GARLIC TOAST \$5.00

GRAVY \$4.00

STEAMED RICE \$4.50

SAUTEED MUSHROOMS \$4.50

POUTINE \$11.99

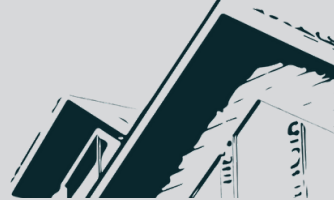
FRENCH FRIES \$5.95

SWEET POTATO FRIES \$6.95

**ONION RINGS
\$6.00**

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STEAKS

6 OZ STEAK \$29.95

6OZ LOCALLY RAISED AAA TOP SIRLOIN STEAK.

10 OZ NEW YORK \$44.95

**THE KING OF STEAKS. 10OZ LOCALLY RAISED AAA TENDER NEW YORK
STRIPLOIN**

**STEAKS SERVED WITH TODAY'S VEGETABLES, GARLIC TOAST & CHOICE OF CREAMY MASH
POTATOES/ROASTED POTATOES/FRIES**

CHOICE OF SAUCE

MUSHROOM SAUCE \$6.99

PEPPERCORN SAUCE \$6.99

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BUGGLERS
DINING ROOM & LOUNGE



DESSERT

CLASSIC NEW YORK CHEESECAKE \$12.95

**RICH AND CREAMY TRADITIONAL
CHEESECAKE. SERVED PLAIN OR
TOPPED WITH YOUR CHOICE OF STRAWBERRY
COMPOTE OR CHOCOLATE SAUCE.**

TWO SCOOPS OF ICECREAM \$8.95

**TWO SCOOPS OF CREAMY DELICIOUS
ICE CREAM. CHOOSE FROM VANILLA,
CHOCOLATE OR STRAWBERRY.**

STICKY TOFFEE PUDDING \$12.95

**A SUPER MOIST WARM STICKY TOFFEE
PUDDING SERVED WITH A DOLLOP OF
BAILEYS FLAVOURED WHIPPED CREAM
AND A DRIZZLE OF CARAMEL.**

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